

RESTYLANE TREATMENT of WRINKLES

Restylane contains Hyaluronic acid, a natural ingredient that forms the support structure of your skin. As a result of aging and sun exposure, the skin becomes thinner and wrinkles begin to appear. Many other factors may contribute to this like ill health, heredity, and lifestyle, particularly cigarette smoking and sun exposure.

Fillers such as Hyaluronic acid, are injected into the skin and help restore its normal volume and elasticity. They work best for wrinkles around mouth, nose and eyes. They are also used to give the lips greater definition and fullness. The results are immediate and many people return to work the same day of treatment.

Hyaluronic acid is naturally broken down and absorbed by the skin, so ongoing treatments are necessary. The results after each treatment generally last for 4 to 6 months.

Beforehand

Please do not wear make-up to the clinic; or remove it thoroughly before the treatment. To minimize the chance of bruising, please plan on doing the following:

- Avoid aspirin or aspirin containing products for a week before the procedure.
- Avoid alcohol for 24 hours prior to your treatment.
- Make sure you discuss with your doctor any bleeding tendencies and current medications being used.
- If you normally bruise easily, plan to go home and apply ice packs.

The treatments are well tolerated by most patients, to minimize any discomfort, we will offer you skin cooling to the areas to be treated immediately before and after the procedure. You may take 1-2 paracetamol tablets half an hour before the procedure. Occasionally an anaesthetic cream might have to be used 1 hour before treatment. Please discuss this with the specialist.

If you have previously suffered from facial cold sores, there is a risk that the needle punctures could contribute to another eruption of cold sores. To prevent this, antiviral treatment prescribed by your doctor might have to be taken from the day before treatment until a week after the treatment.

Get a good night's sleep before the procedure, and you may eat normally on the day of the appointment.

After care

- The treatment is well tolerated by most patients. You may use paracetamol for any discomfort. It is best not to take aspirin or aspirin-containing medications for 24 hours after treatment. Alcohol should also be avoided for 24 hours after treatment.

- Avoid strenuous exercise (perspiring) for 24 hours following treatment. You may otherwise resume normal activities
 - If your skin swells or bleeds easily, plan to go home and apply ice packs to the treated areas for a few hours.
 - Immediately after the treatment there may be slight redness, swelling, tenderness and an itching sensation. This is a normal result of the injection. The inconvenience is temporary and generally disappears in a day or two. If it continues or if other reactions occur, please contact the clinic on 020 7435 7521.
 - The initial swelling after lip treatment may last longer. Some patients experience swelling for about a week and the lips may look somewhat uneven during this time. The appearance directly after the treatment should not be seen as the final result.
 - Avoid touching the treated area within the following 6 hours. After that, light make-up can be applied and the area can be gently washed with soap and water.
 - Until the initial swelling and redness have resolved, do not expose the treated area to intense heat (e.g. solarium and sunbathing) or extreme cold.
 - Other reactions are very rare and include inflammation on the injection site with rejection signs like granuloma formation. Some of these reactions may need treatment but generally resolve within a few weeks or months.
 - Hyaluronic acid gradually dissolves so the correction does not last forever. You may choose to be treated again, typically within six months to a year of the original treatment.
-